

# TUTTLE TALES



## Weekly Activities

<b>Mondays</b> .....	<b>9:30 am</b> .....	<b>Public Speaking Group</b> with Ron Coyne *
<b>Mondays</b> .....	<b>9:30 am</b> .....	<b>Qigong Exercise Class</b> with Tung *
<b>Mondays</b> .....	<b>9:30 am</b> .....	<b>Wii Virtual Bowling</b> with Bob Cummings *
<b>Mondays</b> .....	<b>12:30 pm</b> .....	<b>Square Dancing</b> with John Hyde *
<b>Mondays</b> .....	<b>12:30 pm</b> .....	<b>Texas Hold-em</b> - Learn and play with Louise Cummings * +
<b>Tuesdays</b> .....	<b>12:30 pm</b> .....	<b>Bingo for a Buck</b> with Wayne Anderson * +
<b>Tuesdays</b> .....	<b>9:30 am</b> .....	<b>Morning Workout</b> - Fitness class with Connie Weir *
<b>Tuesdays</b> .....	<b>12:30 pm</b> .....	<b>Table Games/'Skip-Bo'</b> with Josefina Sauri *
<b>Tuesdays</b> .....	<b>12:30 pm</b> .....	<b>Square Dancing</b> with John Hyde *
<b>Wednesdays</b> .....	<b>9:30 am</b> .....	<b>Intermediate Line Dance Class</b> with Thelma Watkins *
<b>Wednesdays</b> .....	<b>12:30pm</b> .....	<b>Mellowtones Choral Group</b> - (Looking for singers!) <input checked="" type="checkbox"/>
<b>Thursdays</b> .....	<b>10:00 am</b> .....	<b>Sign Language</b> for Beginners with Charles McDonald *
<b>Thursdays</b> .....	<b>12:30 pm</b> .....	<b>Fun with Piano</b> with Jean Panettier *
<b>Fridays</b> .....	<b>9:15 am</b> .....	<b>Texas Hold-em Class</b> - Learn and play with Louise Cummings * +
<b>Fridays</b> .....	<b>9:30 am</b> .....	<b>Morning Workout</b> - Fitness class with Connie Weir *
<b>Fridays</b> .....	<b>12:30 pm</b> .....	<b>Bingo for a Buck</b> with Wayne Anderson * +

**Remember to  
scan your  
BSAC card for  
2017!**



## Monthly & Special Activities

<b>Friday, June 2</b> .....	<b>9:15 am</b> .....	<b>Blood Pressure check-up</b> with Heath Care Partners
<b>Wednesday, June 14</b> .....	<b>10:00 am</b> .....	<b>Young at Heart Meeting</b> (2nd Wednesday of every month.)
<b>Friday, June 16</b> .....	<b>10:00am</b> .....	<b>Fathers day celebration</b>
<b>Monday, June 26</b> .....	<b>11:00 am</b> .....	<b>Monthly Birthday/Anniversary Celebration</b>
<b>Monday, June 26</b> .....	<b>12:30 pm</b> .....	<b>No Texas Hold-em tournament / regular play only</b>



A hot nutritious lunch is offered daily at the Tuttle Center.  
Sign ups taken daily beginning at 9:00 am until filled.

55-59 —\$4 fee, 60+—\$2 suggested donation

For more information or a calendar please ask staff or call the center.

**\*\*All participants must fill out an Agency of Aging Form annually to participate**

Sylvia Guerra, Site Manager  
and Drew McDaniel



2017

Tuttle Adult Center

Hours of Operation:

Monday–Friday,  
9:00 am-2:30 pm

Monday	Tuesday	Wednesday	Thursday	Friday
 <b>MVP Luncheon at Tuttle Center</b> <b>Saturday, Jun 10, 9:15 am</b> Those 60+ and pre-registered with the LA Area Agency can enjoy a Lunch of BBQ Pork sandwich, Potato salad, Chuck wagon corn for \$3 (\$4 for all others). Get tickets at any of the Senior Nutrition Sites ( <b>Joslyn, Mc Cambridge or Tuttle</b> ). from 9:30 to 11:00 am, followed by Bingo 11:00 am-12:00 noon for an additional dollar. For info, call 818.238.5357. ☑+ 			<b>1</b> 10:00 am-Sign Language 12:30 pm-Fun with Piano	<b>2</b> <b>9:15 am– Blood Pressure checkup</b> 9:15 am-Texas Hold-em Class+ 9:30 am-Morning Workout 12:30 pm-Bingo+
<b>5</b> 9:30 am-Public Speaking 9:30 am-Qigong Exercise 9:30 am-Wii Bowling 12:30 pm- Square Dancing <b>No Texas Hold-em</b>	<b>6</b> 9:30am- BINGO+ 9:30 am-Morning Workout 12:30 pm-Square Dancing 12:30 pm-Table Games/ Learn Skip-bo	<b>7</b> 9:30 am-Intermediate Line Dancing 12:30 pm– Mellow-tones Choral group 12:30 pm– Jewelry class+	<b>8</b> 10:00 am-Sign Language 12:30 pm-Fun with Piano 	<b>9</b> 9:30 am-Morning Workout <b>No Texas Hold-em Class</b> 12:30 pm-Bingo+
<b>12</b> 9:30 am-Public Speaking 9:30 am-Qigong Exercise 9:30 am-Wii Bowling 12:30 pm- Square Dancing 12:30 pm-Texas Hold-em +	<b>13</b> 9:30 am- BINGO+ 9:30 am-Morning Workout 12:30 pm-Square Dancing 12:30 pm-Table Games/ Learn Skip-bo	<b>14</b> 9:30 am-Intermediate Line Dancing <b>10:00 am—Young at Heart Club Meeting</b> 12:30 pm– Mellow-tones Choral group	<b>15</b> 12:30 pm-Fun with Piano <b>No Sign Language Class</b>	<b>16</b> 9:30 am-Morning Workout <b>No Texas Hold-em Class</b> 10:00 a.m. Fathers Day Celebration  12:30 pm-Bingo+
<b>19</b> 9:30 am-Public Speaking 9:30 am-Qigong Exercise 9:30 am-Wii Bowling 12:30 pm- Square Dancing 12:30 pm-Texas Hold-em +	<b>20</b> 9:30 am- BINGO+ 9:30 am-Morning Workout 12:30 pm-Square Dancing 12:30 pm-Table Games/ Learn Skip-bo	<b>21</b> 9:30 am-Intermediate Line Dancing 12:30 pm– Mellow-tones Choral group 12:30 pm– Jewelry class+	<b>22</b> 10:00 am-Sign Language 12:30 pm-Fun with Piano 	<b>23</b> 9:15 am-Texas Hold-em Class+ 9:30 am-Morning Workout 12:30 pm-Bingo+
<b>26</b> 9:30 am-Public Speaking 9:30 am-Qigong Exercise 9:30 am-Wii Bowling 10:00 am Birthday celebration 12:30 pm- Square Dancing 12:30 pm-Texas Hold-em + <b>No Tournament</b>	<b>27</b> 9:30 am- BINGO+ 9:30 am-Morning Workout 12:30 pm-Square Dancing 12:30 pm-Table Games/ Learn Skip-bo	<b>28</b> 9:30 am-Intermediate Line Dancing 12:30 pm– Mellow-tones Choral group	<b>29</b> 10:00 am-Sign Language 12:30 pm-Fun with Piano	<b>30</b> 9:15 am-Texas Hold-em Class+ 9:30 am-Morning Workout 12:30 pm-Bingo+